



Dear Hudson Valley ringers,

Looking forward to a wonderful day with you next weekend! I know you are well prepared and as eager for the first downbeat as I.

My only director notes are these:

1. Leave your inhibitions at the door. We are going to move and groove! Be ready to try new concepts and experience bell timbre in a new way.
2. Come dressed in comfortable clothes and especially comfortable shoes.
3. Bring pencils for everyone. We will make notes along the way.
4. Know your music well enough to be able to look up a LOT.
5. Sleep well on Friday. We'll need every ounce of energy for this fabulous day.

See you soon!

Ring joyfully,

Martha

*Martha K. Alford*